

Sample Emergency Action Plan (EAP)

Location / Park Name	Zack's Fork Trail, 1050 Zacks Fork Rd Lenoir, New Jersey 28645
Team Name	Caldwell County Composite, Hibriten High School, & William Lenoir Middle School
Head Coach (name & cell#)	Sharon Morris XXX.446.8100
Team Director (name & cell #)	Shawn Morris XXX.446.8118
Closest Hospital(s) and anticipated time to each from least-accessible location	Caldwell Memorial Hospital, 20-30 minutes
Trails to be avoided by some or all ride groups (note concerns)	The trails are Green/Beginner when ridden in the clockwise direction. SA's should not ride across the wooden skinny at the beginning of the lap.
Location Emergency Responder Contact Info (park police, town police, etc.)	Franklin Police Dept.
Access Points for Emergency Access or Transport (describe and include on map)	see map
Water Refill and Shelter locations [describe and include on map]	A large concession building with bathrooms is at the main soccer field. Once on the trail, the closest shelter is the Aquatic Center.
Other Park-specific Info (ie areas without cell coverage, known plant/wildlife hazards, etc.)	Cell coverage can be spotty on lower sections of the trail but improves as you go to higher ground.
<ul style="list-style-type: none"> ✓ In the event of a serious injury, always call 911 first. ✓ Check the weather forecast before every practice. ✓ Coaches and student-athletes should have all appropriate equipment, clothing, food, and hydration at all times ✓ Carry with you a copy of the rider emergency contact list, which includes medical conditions, allergies, and medications for each student-athlete. ✓ After parents or family have been contacted, call your league director in the event of an injury that may result in an overnight hospital stay or you deem as very severe. 	

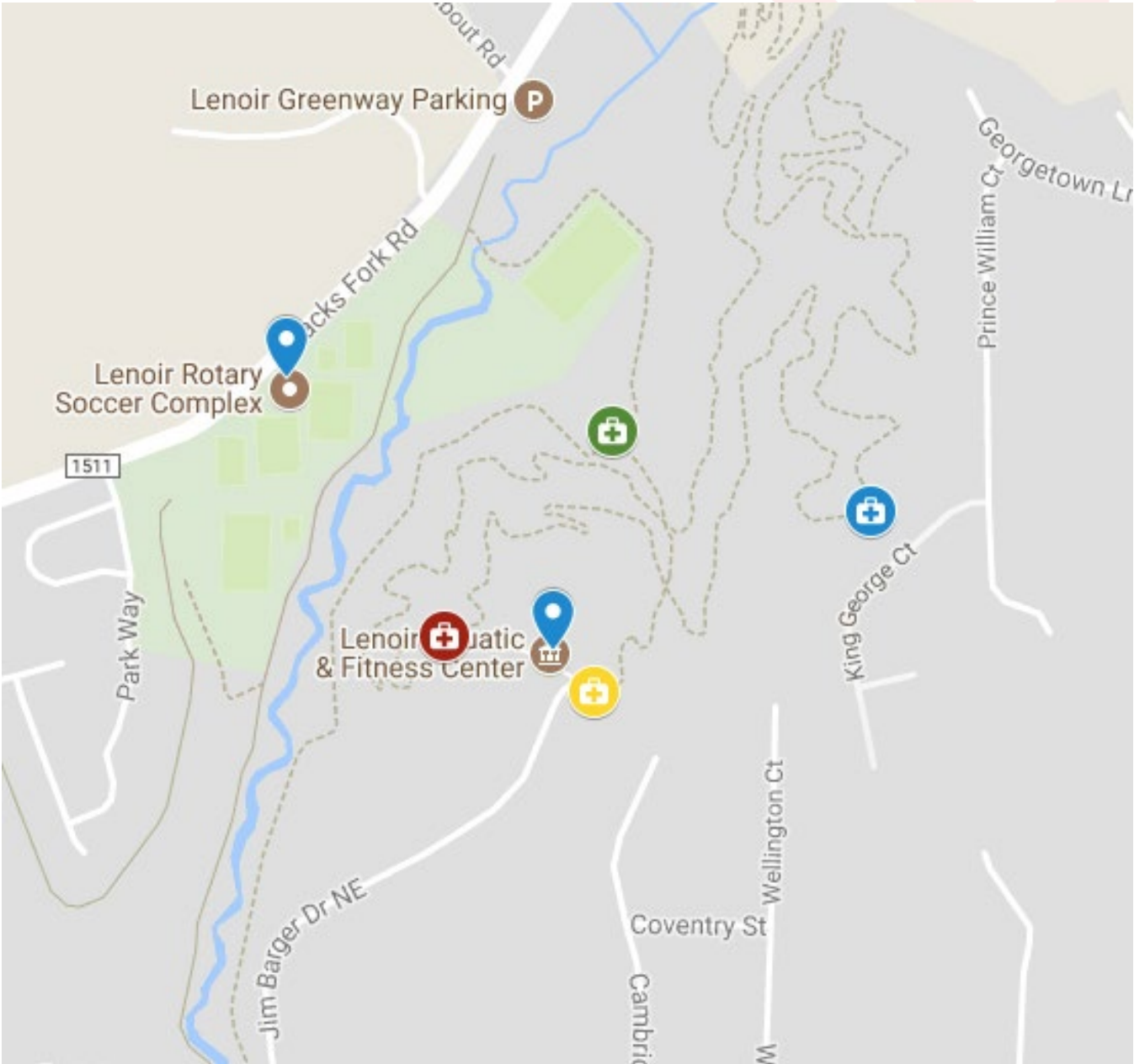
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Emergency Access

- Emergency Access Point 1
- Emergency Access Point 2
- Emergency Access Point 3
- Emergency Access Point 4

Water and shelter

- Lenoir Aquatic Center
- Concession building





Team Emergency Action Plan

Location / Park Name	
Team Name	
Head Coach (name & cell#)	
Secondary team contact (name & cell #)	
Closest Hospital(s) and anticipated time to each from least-accessible location	
Trails to be avoided by some or all ride groups (note concerns)	
Location Emergency Responder Contact Info (park police, town police, etc.)	
Access Points for Emergency Access or Transport (describe and include on map)	
Water Refill and Shelter locations (describe and include on map)	
Other Park-specific Info (ie areas without cell coverage, known plant/wildlife hazards, etc.)	
<ul style="list-style-type: none"> ✓ In the event of a serious injury, always call 911 first. ✓ Check the weather forecast before every practice. ✓ Become aware and identify coaches with CPR & First Aid training. ✓ Coaches and student-athletes should have all appropriate equipment, clothing, food, and hydration at all times ✓ Carry with you a copy of the rider emergency contact list, which includes medical conditions, allergies, and medications for each student-athlete. ✓ After parents or family have been contacted, call your league director in the event of an injury that may result in an overnight hospital stay or you deem as very severe. 	

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