

Moving from Age to Grade-based Categories

New Categories Replacing Ages 11-14:

- **Middle School**
 - 2 categories: segmented by gender
 - Students in grades 6-8 compete in Middle School or race up
 - Open to all students in grades 8 and under

APPROVED 2017 Rule Changes

Moving from Age to Grade-based Categories

New Categories Replacing Ages 10 & Under:

- **Upper Elementary**
 - 1 category: combined boys and girls (coed)
 - Students in grades 4-5 compete in Upper Elementary or race up
 - Open to all students in grades 5 and under
- **Lower Elementary**
 - 1 category: combined boys and girls (coed)
 - Open to all students in grades 3 and under

APPROVED 2017 Rule Changes